



K-STATE
Research and Extension
Master Food Volunteer

Become a Master Food Volunteer!

K-State Research and Extension is excited to offer a program for people who love to cook, are passionate about nutrition, health & wellness, love to learn and want to give back to the Sedgwick County Community.

What are the benefits of becoming a Master Food Volunteer (MFV)?

- Take your cooking to the next level.
- Develop new avenues for serving the community.
- Meet others who share a passion for food.
- Learn up-to-date practices on food safety and nutrition.
- Participate in classes, by either leading or assisting, to teach others about food.
- Have a great time doing something you love!

What is required of MFVs?

- Volunteers go through a 40-hour training course (in-person & virtually), taught by County Extension professionals, K-State Extension Specialists and industry professionals.
- After training, volunteers give a minimum 40 hours of service back to the community.
- Volunteers must enjoy working with youth and/or adults and be willing to share your love of food through various food-related projects and events.

How do I apply?

- Application forms are available online at www.sedgwick.k-state.edu/health or by calling (316) 660-0118.

When do training classes meet?

- September (1 to 2 days per week, from 9:00 am to 4:00 pm) – dates to be determined

For more information, contact:

Sara Sawer, MPH, RD, LD
Nutrition, Health, & Wellness Agent
(316) 660-0118
sarasawer@ksu.edu

K-STATE RESEARCH & EXTENSION MASTER FOOD VOLUNTEER APPLICATION

There is a \$25 fee that goes towards a notebook, apron, nametag and teaching supplies for this training. Serious applicants only, please.

INSTRUCTIONS: Please print neatly or type and return to your county agent at the address below. Once your application has been received, we will contact you to arrange an informational interview to answer questions and review program requirements.

Name (print) _____ Date of application _____ County _____

Address _____ City _____ Zip Code _____

Phone (day) _____ Phone (evening) _____ email _____

Years of food experience _____

Why do you want to become a Master Food Volunteer?

How did you learn of the Master Food Volunteer Program?

Types of food/nutrition experience and related training:

List areas of specialties or hobbies related to food/nutrition:

List experiences in working with the community, schools, churches, youth, senior citizens, etc.:

Please list any group affiliations related to food/nutrition:

(continued)

Memorandum of Agreement

- I wish to become a Master Food Volunteer in Sedgwick County and will attend the 40-hour Extension Master Food Volunteer training program (in-person & virtually) to be held by K-State Research and Extension. I am able and willing to travel to all trainings.
- I understand that in exchange for the training, I will volunteer at least 40 hours of my time by providing or assisting with educational programs in the areas of food safety, food science, food preparation and food preservation within one year of completing the training.
- I understand that I will become a Master Food Volunteer when I complete the training and volunteer hours.
- I understand that I may not participate in the Master Food Volunteer Program for a personal gain or for commercial/professional purposes.
- I understand that because of the potential of working with youth and to be covered under K-State Research and Extension liability insurance, I will complete a Volunteer Information Profile and agree to a reference/background check.
- I understand that I will work under the supervision of a county extension agent and will provide educational programming that supports the research-based mission of K-State Research and Extension and the Master Food Volunteer Program.
- I am a resident of Sedgwick County and I have a high school diploma, equivalent or higher education.
- I enjoy working with people and I am willing to share my love of food and/or nutrition thru various Master Food Volunteer projects and events.

Signature _____ Date _____

Return Application to:

Sara Sawyer, MPH, RD, LD
7001 W. 21st Street N.
Wichita, KS 67205
sarasawer@ksu.edu

Applications are due Friday, July 31, 2020

Please call or email if you have questions.

K-State Research and Extension is an equal opportunity provider and employer. K-State Research and Extension is committed to making its services, activities, and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, please contact the Sedgwick County Extension Office at (316) 660-0118.