# **Family Board Game**

**Ultimate object of Family Fun Night:** 

It's all about us as a family. Our quality time.

#### Ultimate objective of the game:

"When we play a game, the goal is to win, but how you get there is what is important, not the winning."

-Adaptation of Reiner Knizia's quote, board game designer



2017 Event Schedule Sedgwick County Extension Sunflower Room 7001 W 21st Street North Wichita, Kansas 67205

- January 27, 7 p.m. 9 p.m.
- March 4, 9 a.m. 9 p.m.
   Mega Event 4-H A, B, Kitchen
- May 19, 7 p.m. − 9 p.m.
- August 11, 7 p.m. 9 p.m.
- October 13, 7 p.m. 9 p.m.
- December 15, 7 p.m. 9 p.m.
   Santa is coming!

Be a Volunteer!
2 hours 6 times a year

# **Community Outreach**

AmeriCorp Volunteers
McLean Magnet School- Math Night
Marshall Middle School-Literacy Night
Witty Women FCE
Woodland United Methodist Church
First Evangelical Free Church
St. Paul's Lutheran Church "Go Zone" Program
Mental Health Teen Outreach "Girl Empowerment"
Young Professionals Community Enhancement
Christian Faith Center Outreach
Trinity Christian Center
Step Stone Domestic Violence Transitional Program
Wichita Salvation Army



Wichita Police Department Volunteers - East Bureau

For more information or to host a Family Game Event at your agency, contact us.

K-State Research and Extension, Sedgwick County Elizabeth Brunscheen-Cartagena

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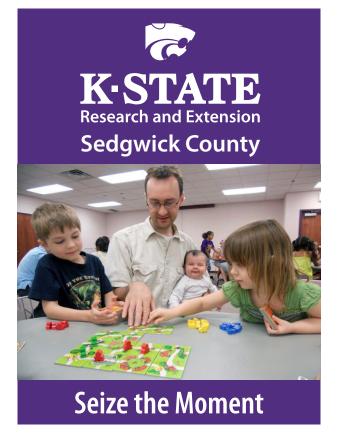
www.sedgwick.ksu.edu

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A family program using board games as a tool to strengthen families in the community.

Kansas State University
Agricultural Experiment Station
and Cooperative Extension Service

## **Evolved Out of the Need to Reconnect**

# Quality Time With your loved ones







### Bonding Thru Board Games is ...

A tool that foster the six major qualities that strong and successful families exhibit across cultures worldwide and in all family types:

- Time carved out for one another.
- Appreciation for each other.
- Room for communication.
- A venue to share values, life skills, beliefs.
- A special ability to cope with stress and crisis.
- Commitment for each other.

### **Purpose**

There is a socio-emotional need in every human being for attachment, bonding, to love and to be loved, acceptance, belonging, and identity. We live in a busy world in which time together is often lost in the buzz of activity.

**Bonding Thru Board Games** is a tool to help families carve out quality time and learn to connect with one another.

# **Life Skill Learning Opportunities**

- Taking turns, being fair
- Positive communication at all times self control
- Following the rules
- Estimation of probability risk taking
- Dice will dictate an outcome decision making
- Logical thinking
- Money management, math, reading
- Social skills, respect for property
- Learn to be gracious winners and gracious losers, self-control in disappointment, managing frustration, and no bragging or put-downs