Recommended Vegetable Varieties

Arugula
- Arugula
- Astro
- Sylvetta

Asparagus
California types (Atlas and US157) produce higher yields in warm springs; New Jersey hybrids produce higher yields in cool springs.
- Atlas (H)
- California UC 157 (H)
- Jersey Giant (H)
- Jersey King (H)
- Jersey Knight (H)
- Jersey Supreme (H)
- Purple Passion (H)

Bean
- Lima
  - Fordhook 242
  - Henderson’s
- Pole
  - Kentucky Blue
  - Kentucky Wonder
  - Northeaster
  - Purple King
  - Carminat
- Snap
  - Contender
  - Derby
  - Jade
  - Provider
  - Royal Burgundy
  - Strike
  - Tendercrop
  - Xera (heat tolerant)
- Wax
  - Carson
  - Eureka
  - Goldmine

Beet
- Avalanche (white)
- Boldor (gold)
- Chioggia
- Cylindra
- Detroit Dark Red
- Early Wonder
- Kestrel
- Perfected Detroit

Broccoli
- Diplomat (H)
- Green Comet (H)
- Gypsy (H)
- Imperial (H)
- Marathon (H) (late)
- Packman (H)
- Premium Crop (H)

Cabbage
Extremely Early
- Gonzales (H) (mini head)
- Stone Head (H)
- Early Discovery (H)
Midseason
- Blue Dynasty
- Bravo
- Red
- Intergro (H)
- Red Acre
- Red Rookie
- Ruby Ball

Cabbage, Chinese
- Blues (H)
- Jade Pagoda (H)
- Asian Greens
- Joi Choi (H)
- Red Choi (H)
- Komatsuna
- Kyona Mizuna
- Mei Qing Choi (H)
- Tatsoi

Carrot
- Gold King (no longer available)
- Gold Pak (no longer available)
- Mokum (H)
- Napoli (H)
- Purple Haze (H)
- Purple 68 (H; fall planting best)
- Red Cored Chantenay
- Royal Chantenay
- Scarlet Nantes
- Tendersweet

Cauliflower
- Cheddar (H; orange)
- Graffiti (H; purple)
- Fremont (H)
- Self Blanche (late-maturing)
- Snowball (early maturing)
- Snow Crown (H)

Corn, Pop
- Robust 21-82W (white H)
- Robust 128YH (yellow, H)
- Strawberry (novelty, small red ear, small white kernels)

Corn, Sweet (all H)
Sweet corn may be divided into three distinct types according to genetic background: normal sugary (su), sugar enhanced (se) and supersweet (Sh2).
- Bicolor
  - Ambrosia (se)
  - Candy Store (Sh2)
  - Delectable (se)
  - Honey and Cream (su)
- White
  - Argent (se)
  - How Sweet It Is (Sh2)
  - Silver King (se)
  - Silver Queen (su)
- Yellow
  - Bodacious (se)
  - Incredible (se)
  - Jubilee (su)
  - Kandy Korn (se)
  - Merit (su)
  - Miracle (se)
  - Sundance (su)

Cowpea
- Crowder types
- Purple Hull types

Cucumber
- Dwarf Plants
  - Bush Champion
  - Fanfare
  - Pot Luck (H)
  - Salad Bush (H)
  - Spacemaster

(H) indicates hybrid variety.
Cucumber (cont'd.)

Picklers
- Alibi (H; miniature fruit)
- Bush Pickle (H)
- Carolina (H)
- Pioneer (H)

Slicers
- Burpee Hybrid II (H)
- Dasher II (H)
- Diva
- General Lee (H)
- Marketer
- Raider (H)
- Early Spring Burpless (H)
- Summer Dance (H)
- Suyo Long
- Sweet Slice (H)
- Sweet Success (H)
- Thunder (H)

Eggplant
- Black Beauty
- Bride (H)
- Dusky (H)
- Epic (H)
- Fairy Tale (H)
- Ghostbuster (white)
- Gretel (mini, H)
- Hansel (mini, H)
- Ichiban (H)
- Millionaire (H)
- Orient Express (H)

Fennel (bulb)
- Orazio

Garlic
- Chesnok Red
- Music
- Purple Glazer

Kohlrabi
- Early Vienna
- Kollibri (H; purple)
- Kossak (H)

Kale
- Toscano
- Winterbor (H)
- Redbor (H; red)
- Red Russian

Lettuce
- Head
- Crispino
- Leaf
  - Black Seeded Simpson
  - New Red Fire (red leaf)

- Muir (incredible heat tolerance)
- Prizewhead (red)
- Red Sails (red leaf)
- Red Salad Bowl (red oakleaf)
- Salad Bowl (oakleaf)
- Slobolt
- Waldmans Green

Romaine
- Coastal Star
- Green Forest
- Jericho
- Paris Island Cos
- Thuninus (red)

Soft leaf
- Adriana
- Buttercrunch
- Ermosa
- Harmony
- Skyphos (red)
- Red Cross (red)

Melon, Green Fleshe
- Amy (H)
- Earl Dew (H)
- Muskateer (H; white flesh)

Melon, Muskemelon
- Ambrosia (H)
- Angel (H)
- Athena (H)
- Burpee Hybrid (H)
- Fastbreak (H)
- Lilliput (H)
- Park’s Whopper (H)
- Pulsar (H)
- Superstar (H)
- Sugar Cube (H)
- Tasty Bit (H)

Melon, Watermelon
  Elongated
  - Allsweet
  - Sangria (H)
  - Sweet Princess
  Icebox
  - Mini Love (H; compact vine)
  - Sugar Baby
  - Yellow Doll (H)
  Round, Striped
  - Crimson Sweet
  - Royal Jubilee

Mustard
- Golden Streaks (salad type)
- Green Wave
- Red Giant
- Red Streaks (salad type)
- Southern Giant Curled
- Tendergreen

Okra
- Annie Oakley II (H)
- Red Burgundy
- Cajun Delight (H)
- Clemson Spineless
- Emerald

Onion
- Candy (H)
- Granex (poor keeper)
- Redwing (H; red, good keeper)
- Red Burgundy (poor keeper)
- Super Star (H; white)
- Texas Grano (1005Y, fair keeper)
- Walla-Walla (poor keeper)
- White Sweet Spanish (late, good winter keeper)
- Yellow Sweet Spanish (late, good keeper)

Parsnip
- Albion (H)
- All-American
- Hollow Crown
- Harris Model
- Javelin (H)

Pea
  Edible Pod
  - Sugar Ann
  - Sugar Bon
  - Super Sugar Snap
  - Sugar Sprint

Shellings Types
- Burpkeana
- Frosty
- Green Arrow
- Knight
- Little Marvel
- Maestro
- Mister Big

Snow Peas
- Dwarf Grey Sugar
- Mammoth Melting Sugar
- Snow Green

Pepper
  Bell
  - Admiral (H; green to yellow)
  - Alliance (H; green to red)
  - Aristotile (H; green to red)
  - Bell Boy (H; green to red)
  - Big Bertha (H; green to red)

(H) indicates hybrid variety.
Pepper (cont'd.)
Blushing Beauty (H; ivory to red)
Camelot (H; green to red)
Flavorburst (H; green to orange)
Garfield (H; green to orange)
Great Stuff (H)
Jupiter (green to red)
Keystone Resistant Giant (green to red)
King Arthur (H; green to red)
Lady Bell (H; green to red)
Revolution (H; green to red)
Vanguard (H; green to red)
Chiles (Hot)
Anahcim
Ancho Masivo
Biggie Chile (H)
Mariachi (H)
New Mexico Improved Chili (no longer available)
Red Chili
Super Chili (H)
Delicas (mild jalapeno)
Habanero (hotter)
Caribbean Red
Fatali
Habanero
Hot Paper Lantern
Jalapeno
Delicas
Dulce
El Jefe
Ixtapa
TAM Jalapeno
Telica
Serrano
Serrano
Serrano del Sol
Other Hot
Aji Limon / Hot Lemon
Tabasco
Hot Large Red Cayenne
Thai Hot
Kung Pao (H)
Other Sweet
Banana Bill (H)
Biscayne (H)
Carmen (H; green to red)
Escamillo (H)
Giant Marconi (H)
Goddess (H; sweet banana)
Gypsy (H)
Lipstick
Lunchbox (snack size)
Pimento
Sweet Banana
Sweet Cherry
Sweet Heat (H)

Potato
Red
LaRouge (midseason, good disease tolerance, yield more than Norland)
LaSoda (midseason, good disease tolerance, yield more than Norland)
Red Norland (early, good disease tolerance)
Purple Viking (moderately early, new, high yielding, highly disease resistant)
Russet (best for baking)
Norkotah (midseason, best of russet varieties for Kansas)
White (good for baking)
Irish Cobbler (early season, mashing and baking, poor tolerance to disease)
Kennebec (late season, poor disease tolerance)
Norchip (midseason, meal, best white for fries, most productive of the whites)
Superior (midseason, good for mashing)

Pumpkin
Huge
Atlantic Giant
Big Max
Big Moon
Large
Aspen (H)
Big Autumn
Connecticut Field
Ghost Rider
Howden
Racer (H)
Sorcerer (H)
Medium
Autumn Gold (H)
Magic Lantern (powdery mildew tolerance)
Spirit (H; bush-type for limited space)
Miniature
Jack Be Little
Munchkin
Small
Baby Pam (good pie pumpkin)
Mystic Plus (H; powdery mildew tolerance)
Orange Smoothie (H; semi-bush type)
Spookie
Sugar Pie
Specialty
Cinderella
Fairy Tale
Lumina

Radish
Multicolored
Easter Egg
French Breakfast
Red Meat (watermelon /daikon)
Red
Cherry Belle
Red Boy
Scarlet Globe
Amethyst (purple)
White
White Icicle
Summer Cross No. 3 (H; daikon)

Rhubarb
Canada Red
Crimson Red
McDonald
Valentine

Spinach
Long Standing Bloomsdale
Space (H) – smooth
Tyee (H) – slow to go to seed

Squash, Summer
Early Prolific Straightneck
Flying Saucer (H; patty pan)
Goldbar (H; yellow zucchini)
GoldRush (H; yellow zucchini)
Papaya Pear (H)
Yellow Crookneck
Sunburst (H; yellow scallop)
Zucchini (several varieties)
Tromboncino

Squash, Winter
Butternut (several improved strains and bush types available)
Green Hubbard
Pink Banana
Royal Acorn, Ebony Acorn or Table Queen
Spaghetti Squash, Cornell’s Bush Delicata
Sunshine (H)
Striped, White, Golden Cushaw

Sweet Potato
Beauregard
Georgia Jet (rose skin, high-yield, early)
NC Japanese (Asian type with purple skin and white flesh)

Swiss Chard
Bright Lights
Fordhook Giant

(H) indicates hybrid variety.
Tomato

Standard slicers have some disease resistance. Determinate tomatoes produce most of their fruit early in the season and less later. They also have shorter, more manageable vines. Indeterminate tomatoes produce large vines and bear fruit through the season except when hot, summer temperatures prevent pollination and fruit formation.

Roma
Little Napoli (H; determinate, compact)
Plum Crimson (H; determinate)
Plum Dandy (H; indeterminate)
Pony Express (H; nematode resistant)
Margherita VF (H; determinate)
Roma VF (heirloom, semi-determinate)
Super Marzano VF (H; indeterminate)

Grape/Cherry Type
Esterina (H; yellow, indeterminate)
Juliet (H; indeterminate)
Mountain Belle (H; determinate)
Sun Gold (H; yellow, indeterminate)
Suncherry (H; indeterminate)
SunSugar (H; yellow, indeterminate, excellent flavor, prone to cracking)

Supersweet 100 (H; indeterminate)
Tumbling Tom (H; determinate)
Sweet Olive (H; determinate)

Standard Slicers
Amelia (H; some disease resistance)
Beefy Boy (H; short internode indeterminate)
Big Beef (H; large fruit, productive, indeterminate)
Carolina Gold (H; yellow, determinate)
Celebrity (H; highly disease resistant, vigorous determinate plant, large fruit)
Chef’s Choice (H; large fruit, indeterminate)

Floralina (H; some disease resistance, no longer available)
Florida 47 (H; determinate)
Florida 91 (H; heat tolerance, determinate)

Jetsetter (H; indeterminate)
Jet Star (H; an older indeterminate variety, very good yield, very good crack resistance. This was the top recommended variety for years. Some disease resistance.)

Mountain Fresh Plus (H; determinate)
Mountain Gold (yellow, determinate)
Mountain Spring (H; crack resistant, determinate)

Primo Red (H; early, productive, strongly determinate)
Scarlet Red (H, determinate)
Sun Leaper (H) and Sunmaster (H; heat set types that continue setting fruit at higher temperatures than standard varieties.)

Heirloom Slicers (indeterminate)
Amanda Orange (orange, very large fruit, highly fluted)
Black Krim (dark, red-purple, fruit, higher yield than most heirlooms)
 Cherokee Purple (pink-purple fruit)
Mortgage Lifter (red fruit, fluted)

(H) indicates hybrid variety.

Ward Upham, Horticulturist

From original by Charles W. Marr, Extension specialist, horticulture, retired

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