

# Program Guide

The 4-H Summer Enrichment program provides educators with the opportunity to bring 4-H into summer activities through research based programming facilitated by Sedgwick County Extension staff and volunteers.

Staff available June 1-24 and  
July 21-August 1



## 2026 Programs



### MINDFUL ME KIT AGES 7-10

This primary mental health program introduces basic concepts in mindfulness, positive affirmations, identification and management of emotions, and yoga. Curriculum kits available for deposit.

### STATIC ELECTRICITY KIT AGES 10-14

Educators get ready to buzz up some excitement about the science of electricity! This easy pre-made kit will take you through several learning opportunities all about how static electricity works! Curriculum kits available for deposit.

### CODING WITH STEVE CLASS

AGES 10-14

3 LESSONS - 45 MIN SESSIONS

This modifiable series will cover how to operate our Indi robots (Steve and friends) through screenless coding exercises and obstacle course challenges. Max of 20 students per class. Groups can be split. Requires 2+ adult facilitators.

### TEAM BUILDING

AGES 8 AND UP

Youth engage in interactive tasks that require collaboration, critical thinking, and creativity. Each activity is intentionally designed to simulate real-life situations, allowing individuals and teams to practice skills such as decision-making, trust-building, and effective communication in a safe, supportive environment

### MINDFUL ME CLASS

AGES 7-10

45 MIN SESSIONS

Intended to be delivered through individual 45 minute sessions. This primary mental health program introduces basic concepts in mindfulness, positive affirmations, identification and management of emotions, and yoga. Extension staff available to teach  
1 - 3 sessions

### WHEAT SCIENCE

AGES 7-12 - 90 MIN LESSON

Students can explore the importance of Kansas wheat by learning how to bake bread! Requires 1 adult facilitator per 4-8 students. \$8 per kit. Each kit serves 4 youth. Orders due by May 20!

### EMBRYOLOGY KIT

AGES 5-18 - 45 MIN LESSON

3-4 WEEK OBSERVATION

Students will learn how chicken embryos grow and develop by candling and hatching their very own chicks! Rent the kit for \$20. Includes 12 fertilized eggs, incubator, several educational activities, and a 45 minute lesson offered by our staff.

Register by June 1!



**KANSAS STATE**  
UNIVERSITY

Extension  
Sedgwick County

## Want more?

Looking for more educational experiences or resources around Environmental Education, STEAM, Agriculture Education, or hands on learning?

Contact our School Enrichment staff and ask about other opportunities such as individualized programs and School 4-H Clubs.

# What is 4-H?



4-H is America's largest youth development organization—empowering nearly six million young people with the skills to lead for a lifetime.

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Kids experience 4-H in every county and parish in the country through in-school and after-school programs, school and community clubs and 4-H camps.

## Contact Us

7001 W 21st St. N  
Wichita, KS 67205

316-660-0100

Register Here:

[www.tinyurl.com/school-enrichment](http://www.tinyurl.com/school-enrichment)

All classes brought to you free of charge by funding through K-State Research & Extension and Sedgwick County

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Kansas State University Agricultural Experiment Station and Cooperative Extension Service.

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# 4-H SUMMER PROGRAMS



2026  
Summer

