### Program Guide

The 4-H Summer Enrichment program provides educators with the opportunity to bring 4-H into summer activities through research based programming facilitated by Sedgwick County Extension staff and volunteers.

Staff available June 1-24 and July 21-August 1



## 2025 Programs



MINDFUL ME KIT\*
AGES 7-10

This primary mental health program introduces basic concepts in mindfulness, positive affirmations, identification and management of emotions, and yoga. Curriculum kits available for deposit.

## STATIC ELECTRICITY KIT\* AGES 10-14

Educators get ready to buzz up some excitement about the science of electricity! This easy pre-made kit will take you through several learning opportunities all about how static electricity works! Curriculum kits available for deposit.

\*All free kits require a \$25 refundable deposit

### CODING WITH STEVE CLASS AGES 10-14

3 LESSONS - 45 MIN SESSIONS
This modifiable series will cover how to operate our Indi robots (Steve and friends) through screenless coding exercises and obstacle course challenges.
Max of 20 students per class. Groups can be split. Requires 2+ adult facilitators.

#### BACKYARD BIRDS CLASS

AGES 5-8 - 60 MIN LESSON Students will learn about the birds they see in their own backyard! Includes a craft activity illustrating their very own ornithologist's journal.

#### THANK YOU FARMS CLASS

AGES 5-8 - 60 MIN LESSON
Students will learn about all the products that come from farms. From turkeys to tomatoes, everything in our lives revolve around farmers and their way of life.
Includes a butter churning activity.

#### MINDFUL ME CLASS

AGES 7-10
7 LESSONS - 45 MIN SESSIONS
Intended to be delivered through multiple
45 minute sessions. This primary mental
health program introduces basic concepts
in mindfulness, positive affirmations,
identification and management of
emotions, and yoga. Extension staff
available to teach 1 session, 4 sessions, or

7 sessions.

## WHEAT SCIENCE\*\* AGES 7-12 - 90 MIN LESSON

Students can explore the importance of Kansas wheat by learning how to bake bread! Requires 1 adult facilitator per 4-8 students. \$8 per kit. Each kit serves 4 youth. Orders due by May 20!

EMBRYOLOGY KIT\*\*

AGES 5-18 - 45 MIN LESSON
3-4 WEEK OBSERVATION

Students will learn how chicken
embryos grow and develop by
candling and hatching their very own
chicks! Rent the kit for \$20. Includes
12 fertilized eggs, incubator, several
educational activities, and a 45
minute lesson offered by our staff.

Register by June 1!

\*\*Single-use kits have a small fee for consumables



### Want more?

Looking for more educational experiences or resources around Environmental Education, STEAM, Agriculture Education, or hands on learning?

Contact our School Enrichment staff and ask about other opportunities such as individualized programs and School 4-H Clubs.

# What is 4-H?



4-H is America's largest youth development organization— empowering nearly six million young people with the skills to lead for a lifetime.

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Kids experience 4-H in every county and parish in the country through in-school and afterschool programs, school and community clubs and 4-H camps.

## Contact Us

7001 W 21st St. N Wichita, KS 67205 316-660-0100

Register Here:

www.tiny url.com/school
enrichment

All classes brought to you free of charge by funding through K-State Research & Extension and Sedgwick County

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Kansas State University Agricultural Experiment Station and Cooperative Extension Service. K-State Research and Extension is an equal opportunity



2025 Summer