



Sedgwick County Extension  
Education Center  
7001 W. 21st St. North  
Wichita, KS 67205-1759  
(316) 660-0100  
FAX: (316) 722-1432  
[www.sedgwick.ksu.edu](http://www.sedgwick.ksu.edu)

Kansas State University  
Experiment Station  
and Cooperative Extension Service  
Sedgwick County

## Sedgwick County 4-H Newsletter

### County 4-H Day

Saturday, February 6, 2016  
Central Community Church  
6100 W. Maple

8:30 am – 2:30 pm

Entries due January 20

A schedule will be mailed in late January.

This is your chance to share your talents, knowledge and communication skills in a competitive event. Check the chart in this newsletter for a complete list of all categories including:

- Piano
- Instrumental
- Demonstrations/Illustrated talks
- Project Talks
- Skits
- Model Meeting
- Vocal/Chorus
- Dance
- Public Speaking and more.....

We will be using a google doc to register online. **You must make a separate entry for each person doing an individual event.**

The link for individual entries is: <http://tinyurl.com/4-Hday2016individuals>

The link for group entries is: <http://tinyurl.com/4-Hday2016groups>

The link to volunteer as room monitor is: <http://tinyurl.com/4-Hday2016volunteers>

A copy of 4-H Day Guidelines may be found on our website at [www.sedgwick.ksu.edu](http://www.sedgwick.ksu.edu) click on 4-H, then events.

### 4-H Day Wildcats Women's BB

**K-State vs. Baylor**

Saturday, February 27, 2016

2:00 – 3:00 p.m. pick up t-shirts and tickets

3:30 pm – Tip Off

4-H Ticket Rate: \$20 per person (youth or adult) Registration due January 15, 2016

Registration information at: <http://www.kansas4-H.org>. Look for: "What's Hot" on the right hand side.

All members, family and friends are welcome to attend! Price includes: General admission ticket in the 4-H section. A special game day T-shirt, program, and hot dog and drink at the game!!!!

Register online at: <http://tinyurl.com/4hbasketball16>

No refunds can be made due to cancellations or no shows and the game will generally not be cancelled due to weather.

## ***More 4-H Day information.....***

**Room Monitors** – are key people to making the day go smoothly. They check contestants in, help answer questions, and keep things moving. 4-H members, 11 and older, may sign up for this leadership opportunity. <http://tinyurl.com/4-Hday2016volunteers>

- Remember this counts on your pin application!

**Judging Contests** – will be held in conjunction with 4-H Day. Tentative plans are to have the following:

- Family Consumer Science/Life Skills
- Horticulture
- Meats/Livestock Areas
- Photography

The basic process for any contest is asking you to read a sample problem /example then rank the 4 possible answers from best to worst.

The purpose of the contest is to help you analyze what the problem is, then weigh alternatives and choices in order to make the best decision possible. There are state contests available for all of these divisions and the more often you participate, the more likely it is that you will qualify for state competition.

- Remember this counts on your pin application!

**Check Out the You Tube video on our website** – under events – to learn how a judging contest works, how to fill out the form, and what the process is all about. All members should plan to do at least 1 of the contests. There will be at least 2 age divisions for each contest.

Note: These contests will count as one of the options towards selection of state fair teams.

Volunteers are needed to assist in these areas as well. Call the 4-H Department to volunteer.

## ***More Resources for 4-H Day.....***

**4-H Day How to Videos.....**on our website at: <http://www.sedgwick.k-state.edu/4-h-youth/news-and-activities/4-h-day.html>

The following **DVD's are available** for check out from the Extension Office:

1. "How to Give a Demonstration" – 29 minutes.
2. "Public Presentations Can Be Fun" – 30 minutes.
3. "Presentations – A Growing Experience" – 30 minutes.

These can be viewed on a TV/DVD but cannot be viewed on the computer.

### **Publication Helpers**

The state has a series of "How To" publications for giving talks and demonstrations. All can be downloaded from the state publication library at: <http://www.ksre.ksu.edu/bookstore/pubs/4H984.pdf>

## ***Tips for 4-H Day***

4-H Day is a great opportunity to show off your talents and your projects. Keep in mind these tips to make your presentation a smashing hit!

- ✿ Don't read your talk. Don't memorize, but do practice so you're familiar with it.
- ✿ Look at the audience. This is a must for keeping their attention.
- ✿ Talk loud enough so people on the back row can hear you.
- ✿ Don't talk too fast. Make sure everyone can understand everything you say.
- ✿ Dress appropriately. Be sure you are well groomed and neat. You may want to dress to fit your presentation.
  - Good posture increases self-confidence.
- ✿ Stand on two feet. Try not to rock back and forth.
  - Remember to smile, smile, smile! It takes fewer muscles to smile than to frown.

## **4-H Day Information Guidelines**

- If quality merits, there will be a Champion and Reserve Champion in each age division in each event.
- If participants use PowerPoint or other technology, it is the member's responsibility to bring all the necessary equipment and connections. All rooms will have a light colored wall that can be used as a screen.
- In all areas, members should clear their props, materials, and equipment from the area before visiting with the judge. This will help us keep on schedule and is a courtesy of performing.
- Purple ribbon demonstrations (age 9 and over) are eligible for State Fair.

Type	Participants	Time (minutes)
<b>Project Talks</b>	Junior 7-9 Intermediate 10-13	0-7 0-7
<b>Demonstrations &amp; Illustrated Talks</b> Each contestant has 3 minutes to set up and 2 minutes to tear down. Please clear your table before talking with the judge.	Junior 7-9 Intermediate 10-13 Senior 14 and older	0-10 0-10 0-15
<b>Public Speaking</b> – Must provide outline for judge	14 and older	0-15
<b>Model Meeting</b>	Any number/age	35
<b>Chorus</b>	Composed of 16 or more from one club or a composite group from 2 or more clubs	2 numbers

<b>Small Vocal Ensemble</b>	Club or composite group from 2 or more clubs, of 2-6 young people.	2 numbers
<b>Large Vocal Ensemble</b>	Club or composite group from 2 or more clubs, of 7-15 young people.	2 numbers
<b>Vocal Solo</b>	Junior 7-9 Intermediate 10-13 Senior 14 and older	1 number 1 number 1 number
<b>Orchestra or Band</b>	Club or composite group from 2 or more clubs, 16 or more young people.	2 numbers
<b>Small Instrumental Ensemble</b>	Club or composite group from 2 or more clubs, of 2-6 young people.	2 numbers
<b>Large Instrumental Ensemble</b>	Club or composite group from 2 or more clubs, of 7-15 young people.	2 number
<b>Instrumental Solo</b>	Junior 7-9 Intermediate 10-13 Senior 14 and older	1 number 1 number 1 number
<b>Piano Solo/Duet</b>	Junior 7-9 Intermediate 10-13 Senior 14 and older	1 number 1 number 1 number
<b>Dance</b> Group Dance: Square, Folk and Other	2 or more	5 minutes
<b>Individual Dance:</b> Tap, Ballet, Interpretive, Break, Other	Junior 7-9 Intermediate 10-13 Senior 14 and older	5 minutes
<b>Talent Drama and Other:</b> One Act Play	Any number of young people	45 minutes
<b>Talent Drama and Other:</b> Skit, Creative Drama – Groups have 5 minutes to set up and 5 minutes to tear down. Props may be brought into the back of the room prior to your performance.	Any number of young people	10 minutes
<b>Reading</b> May or may not be memorized, costumes and simple props may be used	Junior 7-9 Intermediate 10-13 Senior 14 and older	5 minutes 5 minutes 5 minutes
<b>Other Talent</b> Novelty, stunt, puppets, marionettes, ventriloquist, etc.	No limit	5 minutes

\*NOTE for ALL MUSICAL PERFORMANCES: Members should be aware of copyright laws. It is illegal to photocopy music. If music is downloaded from the internet (such as sheetmusic.com) you must have the cover

sheet that shows proof of purchase. The original of the music is to be given to the judge before the performance. Accompanist does not have to be a 4-H member. Taped/CD accompaniment is allowed, but you must provide your own CD or tape player. Solos do not have to have accompaniment. Memorization is encouraged but not required for solos.

Skits – Groups will perform in a large classroom. There is no stage or curtains. Clubs may provide their own, or ask the audience to “imagine” that there are curtains for the side wing area.

For a complete handbook of 4-H Day, go to our web site at [www.sedgwick.ksu.edu](http://www.sedgwick.ksu.edu) or <http://sedgwick.ksu.edu/p.aspx?tabid=898>.

## Optimist International Essay and Oratorical Contests

The Optimist Essay and Oratorical contests are open to all youth under age 19 who have not yet graduated from high school or the equivalent. The topic for this year's essay is “Lead by Example: Reality or Fiction”. This year's oratorical contest topic is “How My Best Brings Out the Best in Others”.

Winners of the District Contest will earn a \$2000 scholarship.

More information and entry forms for the Local club contest (the first step to get to the District) are located at:  
<http://www.optimist.org/e/member/scholarships1.cfm>.

The entry deadlines are in mid-February. Please contact Don Kirkland from the Wichita North Optimist Club at [dwkirkland@cox.net](mailto:dwkirkland@cox.net) or 316.644.1777 if you have questions or would like to enter either contest.

## 4-H PDC Elections

**Della Lickteig, Heidi Perkins and Marcine Moldenhauer** were elected to the 4-H Program Development Committee. They join current members **David Bisek, Meghan Mueseler and Joe Spexarth**. This group helps the agents plan, direct and implement the 4-H program in Sedgwick County.

## County-wide Project Meetings

All meetings held at the Extension Education Center. Any member, of any club, may attend. These are led by county-wide volunteers.

**Geology** – Meetings are generally held on the second Thursday of the month starting at 7:15 pm. The first meeting of the year is January 14, Sedgwick Room. The next meeting will be February 11 followed by March 10.

**Entomology** – Meetings are held at 7:00 pm on the third Thursday of the month, Meadowlark, starting January 21.

**Dog** – The first monthly meeting of the year will be January 18, 2016, 7:00 pm, Bison Room. No 4 legged friends at this meeting. All dog project members should plan to attend.

**Dog Agility** will begin February 7, 2016, 2:00 pm, 4-H Hall.

**Rocketry** – Members will begin meeting in February. Watch for more information.

**Horse** – All horse and horseless horse members are invited to attend the county wide meeting on the 1<sup>st</sup> Tuesday of every month.

**Leather Craft & Art** – Watch for coming information

**Hare Raisers** – All rabbit project members are encouraged to attend meetings on the 2<sup>nd</sup> Thursday of each month in the Bison Room.



## CIA – CITIZENSHIP in ACTION

February 14-15, 2016

Topeka

Cost: \$165.00

Age: 13-19 years old

Details and registration at: [www.kansas4h.org](http://www.kansas4h.org)

Deadline is January 15<sup>th</sup>.

The Kansas 4-H Youth Leadership Council is busy planning for Citizenship in Action (CIA), which will be on February 14<sup>th</sup>, and 15<sup>th</sup> in Topeka. Hotel accommodations will once again be at the Capitol Plaza Hotel next to the Kansas Expo Center. Housing costs are included in the \$165 registration fee and rooms will be assigned. **Again this year, we will be offering youth the opportunity to have their own bed while they are at Citizenship in Action. This will be an additional \$30 and youth will have the opportunity when they register to select this option. ADULTS: There will NOT be an additional \$30 fee for you to have your own bed, we will continue housing adults as we have done in the past and you will have your own bed.** Once again we will have a banquet on Sunday evening, this is a great opportunity for delegates to visit with their legislators. Delegations are urged to invite their legislators to this dinner. An RSVP is required for the meal count and local extension units or county 4-H councils will be billed for the \$35 meal cost for legislators. The link to RSVP is below. Please RSVP for the banquet by, February 8.

<http://tinyurl.com/KSCIA2016>

Any youth 13-18 years old before January 1, 2016 is able to attend. Prior 4-H membership is *not* required to attend.

Delegations are responsible for setting up their own meetings with legislators. This is a learning experience. Agents and leaders are encouraged to train and then have 4-H members make these contacts as part of the educational process.

The Sedgwick County 4-H Achievement Foundation will provide three \$50.00 scholarships for this event. Deadline January 15.

These are on a first come, first serve basis. To qualify, you must write a paragraph about what citizenship means to you and why you want to attend.

## More.....Scholarship \$\$ for CIA

This year the state has opportunity to provide \$100 scholarships for youth who are interested in attending Citizenship in Action. These scholarships are available through a generous donation from Capitol Federal, the scholarship form is posted on: [www.kansas4h.org](http://www.kansas4h.org) under Events and Activities, General State Events, CIA.

Preference will be given to youth who are 4-H members in counties where there is a Capitol Federal branch. Those counties are Riley, Douglas, Johnson, Sedgwick, Saline, Shawnee, Lyon, Wyandotte, and Butler. This is an opportunity to encourage youth who would not be able to attend without the scholarship dollars to have a great 4-H experience! There is \$3500 available for these scholarships so please apply! Scholarship applications are due January 2 to the state office. Don't delay in getting your application in!!  
**CIA continued....**

A chaperone is needed for this event. All expenses will be covered and you would drive the county van. You must have a valid driver's license and insurance and be VIP registered. Contact Jodi if you are interested.



**4-H Discovery Days  
May 31 – June 3, 2016  
Kansas State University**

Delegates will check in on Tuesday evening and depart before noon on Friday.

Catalog and registration forms will be available in early March at the Extension Office and on-line. Cost will be approximately \$170.00.

Discovery Days are for youth (13 and older by January 1) and adults.

A limited number of \$50.00 scholarships are available from the Sedgwick County 4-H Achievement Foundation. To apply: register online, turn in a completed health/participation form and a paragraph about why you want to attend Discovery Days. Scholarships given on a first come, first served basis.

Male and female chaperones are needed for this event. Contact Jodi if you are interested. Chaperone registration is at no charge.



## 4-H Scholarship Deadlines

State 4-H Scholarships are due to Sedgwick County Extension Office by January 29, 2016 so that we can get them to the state by February 1. **YOU MUST USE THE 2016 FORM @ <http://tinyurl.com/qvrl2aq> .**

**March 1** is the deadline for ALL SEDGWICK COUNTY 4-H SCHOLARSHIPS including:

- Teen Council – Three \$300 scholarships
- 4-H Advisory Council – Four \$500 scholarships
- Livestock Sale Committee – One or two \$250 scholarships

Applications for all county scholarships are available on our website at: [www.sedgwick.ksu.edu](http://www.sedgwick.ksu.edu) , then forms.



## Nut Update!

Teen Council members, 4-H clubs and Advisory Council members sold a total of 450 pounds of nuts for our county wide fund raiser. Together we raised \$900. Seventy percent will go to the Advisory Council for scholarships to camp, Discovery Days, and other events. Thirty percent will go to Teen Council for their projects.

Thanks to everyone who sold and purchased nuts. Enjoy them this holiday season.

## Growing Kansas Leaders

**Annual Meeting Sedgwick County 4-H Advisory Council  
Tuesday, January 26, 2016**

Each club needs to send 2 adult representatives to this meeting, as the advisory council works for all the 4-H clubs in Sedgwick County. Additional information and RSVP forms will be sent to the club leaders.

Agenda will include:

- 4-H Highlights
- 2016 Budget
- Election of Officers

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## Sedgwick County Fair

July 6-9, 2016

**Mark your calendars for the 2016 Sedgwick County Fair!**

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## CAMP DATES

June 4-7, 2016

**Counselors leave for training on June 3.**

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***From All of Us.....To All of You!!***



## Teen Council Reminders

### Teen Council Community Service Project:

**December 5 from 8:30-12 p.m.**

His Helping Hands, 1441 E. 37<sup>th</sup> N., Wichita, KS 67219

Helping to sort toys/distribute furniture

### Teen Council Christmas Party—Monday, December 7, 6:30-9:00 p.m.

in the Meadowlark Room!! **Bring a wrapped gift to exchange--\$5 limit** and the sillier, the better!! Also **bring a snack to share**. Don't forget to bring your pillows/blankets/bean bag chairs too. We'll be watching a festive Christmas movie, munching on goodies and exchanging fun presents!! **Don't miss it!!!!**

Start thinking about Teen Council committees you'd like to help with in the Spring. We have 4 four committees for the spring: Formal Dinner, Community Service & Fundraising, Fashion Revue, and Summer Event. We'll be working in our committees at the January Meeting—January 25.



## Important!!! Mandatory Field Update & Recommendations

Some fields in the Health Form have been changed to mandatory, meaning the family must enter an answer in the field before the 4HOnline system will let you continue with online enrollment. This was changed on December 1<sup>st</sup>.

Families who enrolled online October 1<sup>st</sup> through December 1<sup>st</sup> may not have completed these fields before they became mandatory. All users will be notified of "blank" mandatory fields. Families cannot complete their online enrollment unless information is entered into these fields. If there is no information to enter, families should type "none" in the field. Families should log in to 4Honline and complete those mandatory Health Form fields for their child and click SUBMIT ENROLLMENT again.

For family enrollments that were already accepted October 1 – December 1 (prior to these fields becoming mandatory), we encourage you to login and complete these fields if you like. If not, the mandatory fields will remain blank in their Active enrollment and that is information that is needed if an occasion arose the child needed treatment at any 4-H event. (Local, state or national). A copy of the child's Health Form will be kept in the office in case the need arises.

Please note: if the family logs in during the year to view projects for example, you will be forced to complete those fields.

Families who have not yet reenrolled for the new 4-H year (Inactive) or new families who still need to enroll online should not experience any issues.



## 2015 -16 Dates for Your Calendar of Events

December	1	<b>LAST CHANCE TO RE-ENROLL ONLINE.</b> If you haven't re-enrolled, you will be dropped from the membership list and will not be eligible to participate in 4-H events (including the county fair!) For 2016-17, the deadline will be November 1.
	3	CWF Interviews (Tentative)
<b>2016</b>		
January		<b>January-February new members should be visiting clubs so they can sign up by March 1!</b>
	5	Horse Project Meeting-Countywide, Bison
	12	Area KAP Screening
	14	Hare Raisers, 7:00 p.m., Bison Room
	15	<b>Horse Panorama registration deadline</b> – register online at: <a href="http://www.kansas4-h.org">http://www.kansas4-h.org</a>
	20	<b>4-H Day registrations due online</b>
	26	County 4-H Advisory Council, 6:00 p.m., with meal
	29	<b>Kansas 4-H Scholarships due to county office</b>
	22-24	Horse Panorama - Rock Springs 4-H Center (tentative)
February	2	Horse Project Meeting - Countywide, Bison
	6	4-H Day -Talks, Demonstrations, Model Meetings, Music, Dance, Skits, etc.– Central Community Church, 6100 W. Maple
	11	Hare Raisers, 7:00 p.m., Bison Room
	14-15	4-H CIA Citizenship in Action - Topeka
	19-20	State Ambassador Training – RSR
March	1	<b>LAST DAY for new members to join 4-H for 2015-2016 year</b> (Families should visit clubs in January and February)
	1	<b>Last day to drop/add projects</b> for current 4-H members-Self service by logging into your 4H online account.
	1	<b>All Sedgwick County 4-H Scholarships Due to County Office</b>
	1	Horse Project Meeting – Countywide, Bison
	Early March	State 4-H Project (KAP) Finalists Interviews
	10	Hare Raisers, 7:00 p.m., Bison Room
	15	<b>Deadline for purchase of purebred breeding animals and market steers</b>
April	5	Horse Project Meeting – Countywide, Bison
	11-16	National 4-H Conference (Washington, D.C.)
	14	Hare Raisers, 7:00 p.m., Bison Room
	15	<b>Discovery Days Registration Due to State Office</b>
	15	<b>National 4-H Congress (Atlanta, GA) applications due to County Office</b>
	TBA	State 4-H BB, Air Rifle, and Air Pistol Match
May	1	<b>County Camp Counselor applications due</b>
	1	<b>County Camp Registration due</b>
	1	<b>Deadline for Horse I.D. papers to Extension Office</b>
	1	<b>Deadline for DNA and nominations forms for market steers for State Fair and the Kansas Junior Livestock Show</b>
	1	<b>All market sheep and swine should be owned by this date</b>
	1	<b>County Fair livestock pre-entry due for all large animals</b>
	3	Horse Project Meeting – Countywide, Bison
	12	Hare Raisers, 7:00 p.m., Bison Room
	15	<b>Deadline for pre-entry for county fair swine and meat goats</b>
	31-June 3	Discovery Days at K-state



*Jodi L. Besthorn*

Jodi L. Besthorn  
County Extension Agent  
4-H Youth Development



*Beth Drescher*

V. Elizabeth Drescher  
County Extension Agent  
4-H Youth Development



K-State Research & Extension  
Sedgwick County  
Extension Education Center  
7001 W 21<sup>st</sup> St. North  
Wichita, KS 67205-1759  
316.660.0115  
Fax: 316.722.1432  
[www.sedgwick.ksu.edu](http://www.sedgwick.ksu.edu)

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forLife*