

Sedgwick County

4-H Grows Here



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**Scholarships
available for all
campers!**

2018 OzSome 4-H Camp

June 13-16 at Rock Springs 4-H Center
(south of Junction City)

ROOKIE CAMP
1st & 2nd graders
Session 1: June 13 & 14
Session 2: June 15 & 16
(\$108)

FULL TIME CAMP
3rd-7th graders
June 13-16
(\$223.00)

Register by May 1!

Online registration only at:

app.campdoc.com/register/ozsome

Note: Make sure to check "YES" under coupons and follow the instructions. You will be asked to write a paragraph about why you want to go to camp.

We do not recommend that you select the travel insurance.

Campers may select 1 or 2 friends that they would like to room with. They must be within 1 year of each other...We cannot house 4th graders with a 7th grader, etc.

Camp offers a variety of fun and learning activities in the natural setting. Everyone will get to canoe, horseback ride, swim, archers, teambuilding games and more. Campers are housed in groups of 8 with 2 teens as co-counselors. You will go to all the activities with this group, so no need to worry about getting lost! Camp serves meals family style and each group will have their own table. Plus, everyone get a turn at KP duty – setting the table and cleaning up!



Due to demand, there will be two sessions offered again this year. Please invite your friends to come to camp with you, so that we can have enough campers for both sessions.

Session 1 is designed so that the campers can come up with others from their club, and then parents will pick them up.

Session 2 is designed so that parents will take them up on Monday morning, and then they can be picked up with others from your club.

Both sessions will have the same classes and activities.

Campers may attend only one session.

For those just completing 1st or 2nd grade this May.

Session 1 (June 13 & 14) Arrive with the regular campers, leave on Thursday after supper.

Session 2 (June 15 & 16) Arrive 8:30 – 9:30 a.m. and leave with the other campers on Saturday.

Scholarships: All members can apply for a \$50 scholarship when you register online. You will be asked to submit a paragraph on why you want to go to camp. You will then get a “coupon code” to use at checkout, so you will get \$50 off. Invite a non-4-H friend to camp too.

Rookie Camp is a camp within a camp. There are special activities planned just for this age group, plus they get to do camp activities like swimming, archery, etc. It's a great way to get a taste of camp and not be gone for 4 days.

Adult Helpers Needed.....4 Days at Rock Springs!!

3 great meals a day!

350 4-H members!

We really need 2-3 adults to **EXPERIENCE 4-H CAMP!** In order to maintain the appropriate male/female ratio of chaperones, we need some help!

What's the job? Help with a variety of camp activities – from assisting with classes, helping with flag ceremony, or helping in the dining hall. Most importantly, being in the cabin areas to help as needed and other areas where assistance may be needed. There will be an orientation before camp for you. You will go to and leave camp the same time as your kids.

For all adults (moms and dads) attending camp, half of your registration fee will be paid in return for your help during camp. Applications are on our website at: <https://tinyurl.com/y88zugtm>

All adults must be VIP registered. Check with Jodi if interested.



Parent's About Camp

Camp is a special opportunity for kids to learn new skills, try new activities, make friends and be a part of a “camp family” group. We look forward to having your child participate in camp this year. To help you and your camper prepare for this adventure is a list of frequently asked questions about camp.

Who will my child be staying with?

Eight campers and two counselors will be assigned to a living group. This will be their home for the 4 days of camp. The campers are all from different counties and are all within one year of age of each other. We don't house 7 and 10 year olds or 10 and 12 year olds together because of the wide span of interests between their ages. One of the goals of camp is to help campers meet new friends. The living groups are one way of doing this.

Who are the counselors?

We use teams of 2 older 4-H members. They must be at least 14 years old to be a co-counselor. Usually we will pair a first time counselor with an experienced counselor. Counselors must complete the same VIP training as adult volunteers. In addition, they arrive in camp a day early to go thru an additional training session dealing specifically with camp.

My camper has never been to camp and doesn't know where anything is.

Campers and counselors are to stay together at all times, so they will go to horseback riding together, to meals together, to the swimming pool, etc. And all of the activities are designed for a team of campers and their counselor. A copy of the map of camp will be given to each camper when they check in.

Should I send snacks?

We don't encourage it. Rock Springs prepares 3 well balanced meals a day. And if kids have too much snack food, they fill up on sugary items instead of more healthful choices. The snack bar is available every afternoon and every evening for the “munchies”. Snack food also encourages mice, bugs and other critters into the cabin. If you do send a snack, consider something that can be shared by all the campers in the cabin.

My camper is a little nervous about being away from home. What should I do?

Prepare yourself and the camper for that new experience. Help him or her to understand that those feelings are normal. Your positive attitude will also help as you talk about their feelings. Talk about the feelings of excitement, making new friends and exploring new places. Do not dwell on how much he/she will be missed. When seeing a child off, or leaving him at camp, be positive about his going and having a fun time. Tell them you love them and that you will look forward to hearing all the stories about the fun things he/she did at camp. Encourage them to participate in all the camp activities. The more involved they are the less home sick they will tend to be.

How much money should I send?

Activities with fees are very minimal. Most spending occurs on snacks and souvenirs. Campers will get a price list to give you an idea of the cost of items. Talk with your camper and plan what their daily budget should be. \$12-25

should be very adequate. Campers are responsible for keeping track of their money, and it sometimes gets lost, dropped, or misplaced.

What about cameras?

Disposable cameras are great. Be sure to write the campers name on it so that if it is lost, it can be returned.

Should I label clothing and other items?

It's usually a good idea for towels, sleeping bags, pillows, fanny packs, jackets or any important item of clothing. Lost and found items are announced at each meal time and there is a lost and found table in the dining hall where campers can claim items.

What if my child gets sick?

We have 2 nurses on duty 24 hours a day at camp. The nurse will administer any treatment and can take care of cuts, scrapes, sprains, chiggers, sunburn, etc. As per your directions on the health form, the nurse can also give ibuprofen and other over the counter medications. If there is need for additional treatment, the agents will call you and we will take the camper to the Junction City Hospital Emergency Room. Should this be needed, we will stay with them at all times and keep you informed of the situation.

What do I do with my child's medicine?

All medicine should be checked in at the nurse's station. All medicines should be in the original container, with the medicine name and dosage label. Put it in a zip lock bag with a note inside with the child's name and county. If you'd like, you may also add additional information for the nurse. The nurse will log this into the book and then will make sure that medication is dispensed as required. We do not want counselors or campers to have this responsibility to remember to take medication on a regular basis. Any leftover medication will be returned to the camper the last day of camp.

What about inhalers and EPI pins?

Campers should carry these at all times at camp so that they are available when they are needed. They should not be checked in with the nurse or left in the cabin.

Sometimes when my child is in a new situation or really tired they wet the bed. How is that handled?

This isn't unusual and it's a subject that we cover in counselors training. It will be handled in a low-key way, without any fuss or attention.

I heard that campers do KP. What's that all about?

Camp meals are served family style. Each living group has an assigned table that they will use all during camp. In order to make camp meal time work, living groups take turns setting and clearing the tables. The kitchen staff gives all the directions and other adults at camp help out too. Each group only has to do KP one time during camp. It is worked into their individual schedules so that they do not miss any planned camp activities.

What do campers do about storms?

There are assigned storm shelters in all locations throughout camp. The Rock Springs Staff is in constant contact with officials about weather situations. In the event of severe weather, Rock Springs Staff members go to each cabin/living group and move them to shelter. Storm sirens are also used. During the day, staff members at each venue practice storm safety procedures and would move the group to a safe location as needed. In addition, counselors each know their assigned shelter.

What are the safety precautions taken at camp?

For horseback riding, all campers wear RSR helmets and closed toed shoes (sneakers are OK – flip flops are not). At the rifle range, protective eye wear is provided by the camp and required to be worn. All campers wear RSR life

jackets when canoeing. And any camper who wants to go in the deep end of the pool, must demonstrate to the life guard that they can swim the width of the pool. Those that qualify will be given wrist bands which show that they can go off the diving board in the deep end. All other campers will be required to stay in the shallow 4' part of the pool.

Are there other adults at camp?

Yes. Extension 4-H agents attend camp. 3-6 other 4-H parents attend and assist with camp events. The adults are assigned sleeping quarters in each of the living areas and will assist campers and counselors as needed. If you would like to be a parent helper at this year's camp, please contact Jodi (316) 660-0111.

REMINDER.....!

Camp will be a "Technology Free" Zone!

Campers and Counselors will need to leave cell phones at home. We want you to experience all the great camp activities and not keeping batteries charged. We appreciate your cooperation

Discovery Days Orientation

Monday, May 21, 2018

7:00 p.m.

Meadowlark Room

Sedgwick County Extension Office



Campference

June 26-29, 2018

Cost: Approximately \$200

Ages: 12-14 (as of Jan. 1, 2018)

Register online at: www.kansas4h.org Early March

Deadline May 1 or when filled.

It's a camp, it's a conference----**it's CAMPFERENCE!!**

This is especially designed for those that are too old for camp and not old enough for Discovery Days.



It's a combination of camp activities – horse, canoeing, swimming, etc., a conference where you learn new things, leadership skills and more. This event is planned and facilitated by the Kansas 4-H Youth Council members.

Six \$50 scholarships are available on first come, first served basis. To qualify you must:

1. Register online
2. Bring the printout of your registration form and payment fees to the Extension Office
3. Write a half page on why you want to attend

You will receive your scholarship after you attend Campference.

Members are responsible for their own transportation to and from camp.

 **WATCH YOUR MAIL! The 2018 Fair Book will be mailed to all 4-H families mid-May!**

 **SOME LIKE IT**
HOT! 



Sedgwick County 
Fair
 **July 18-21, 2018**
Cheney, KS

Fair Set-Up for Livestock

Saturday, July 7, 2018

8:00 a.m. to noon

All livestock members, families and superintendents are encouraged to help prepare the barns and arena for the livestock shows. July 14th will be a secondary date if needed.

Pizza and pop will be provided for all workers courtesy of the Sedgwick County 4-H Advisory Council.

Fair Set-Up for Building

Sunday, July 15, 2018

3:30 – 5:00 p.m. (Pizza provided)

Fair Take Down/Cleanup

Saturday, July 21

Livestock Area – after the sale

Building Area – 8:00 – 9:00 p.m.



Kids Day at the Farmer's Market
Saturday, June 2, 8:00 am – noon
Sedgwick County Extension Office

We will have a 4-H booth with clovers and Powercat tattoos. We need helpers, age 11 and up. And we could use a few adults too. (This will count on your pin application as an "other county event.")

SAVE THE DATE! We have an incredible opportunity for all Kansas 4-H members enrolled in the entomology project. Mark your calendars for June 22 & 23 and plan to “fly with us” in the air capitol of the world, Wichita, KS, for the 2018 Kansas 4-H Insect Spectacular. This year's event will highlight the Lepidoptera order (moths & butterflies) and will take place at the Sedgwick County Zoo. Learn identification, pinning, collecting, storing, displaying and much more. Classes will be appropriate for both beginners and those with more experience. More details will be coming soon. For now, mark your calendars and make plans to join us!



TEEN COUNCIL NEWS

Our next **Teen Council meeting will be Monday, April 23 at the Extension building from 7-8:30 p.m.** We will have a guest speaker talking about leadership and food will be provided! We're postponing our ice skating meeting to the fall.

Upcoming:

We have an opportunity to help sew Boomerang Bags at MakeICT on Sunday, May 6. It helps if you have sewing experience but even if you don't, you can come out and help. This is limited to 15 participants. Boomerang Bags are used at Farmer's Markets to help reduce waste. The sign up genius with more information can be found here:

<http://www.signupgenius.com/go/20F0948A9A82CA0FB6-boomerang>



Boomerang Bags at MakeICT www.signupgenius.com

Teen Council has the opportunity to help create Boomerang Bags at MakeICT on May 6. Boomerang Bags is a grassroots, community driven movement tackling plastic pollution at its source. Volunteers from all walks of life get together to make re-useable 'boomerang bags' using recycled materials, as a means to provide a sustainable alternative to plastic bags. The bags are given away to friends, family, colleagues, bagless strangers and so on, as a plastic bag alternative that can be used and reused, or passed on to others in need. It would be helpful if you have sewing ability but it is not necessary. If you have a sewing machine, go ahead and bring it. You do not need to stay the entire time. Limited to 15 people.

County-wide Project Meeting Schedule

Any 4-H member, from any 4-H Club, can participate in the county wide project group meetings. All meetings are at the Sedgwick County Extension Center, 21st & Ridge, Wichita, unless otherwise noted.

Entomology Project Meeting

(3rd Thursday)

The next meeting is April 19, 7:00 p.m., in the Sedgwick Room. Future dates – May 17, June 21.

Geology Project Meeting

(2nd Thursday)

The next meeting is May 10, 7:00 p.m., in the Sedgwick Room. Future dates – June 14, July 12.

Hare Raisers Rabbit Meeting

The next meeting is May 10, 7:00 p.m., Bison Room. Future dates – June 14, August 9.

Horse Project Reminder!

If you want to participate in ANY 4-H Show, you must complete horse level skills test: Level 1

Horse ID and Coggins test results due May 1.

Dog Project

Monthly Dog Project meetings

(3rd Monday of each month 7:00 pm @ Ext. Office-Bison Room-usually NO Dogs) These are educational meetings or activities for 4H members. Next meeting is May 21.

Dog Practice Training (Obedience, Showmanship, Rally) in 4-H Hall. Future dates: April 26, May 3, May 10, May 17, May24/

Dog Agility - dogs must be 12 mo. Or older and have successfully completed an obedience class. Classes are usually held once a month on Sunday, 2 p.m. at the Extension Center starting March 11 thru September. Parents need to be present to assist with equipment and training.

Future dates: May 6, May 20, June 3, June 24.

Warm Up Dog Show – April 21.

Invitational Dog Show – Saturday & Sunday June 16 & 17.

For additional information, consult Karen Riedmiller, county coordinator.

Shooting Sports – follow the schedule from coaches.

4-H Calendar of Events

2018

May	1	Deadline for Horse I.D. papers to Extension Office
	1	Deadline for DNA and nomination forms for market steers for State Fair and the Kansas Junior Livestock Show
	1	All market sheep and swine should be owned by this date.
	9	County Camp Registration due
	29 – June 1	Discovery Days at K-State
June	1	Deadline for pre-entry for county fair for – dairy cattle, dairy goat, meat goat, beef, sheep, swine and poultry
	2	Kids Day at the Farmer's Market, 8:00a.m. - noon
	12	Camp Counselors go to camp
	13-16	County 4-H Camp at Rock Springs
	16 – 17	Invitational Dog Show
	TBA	State Geology Field Trips
	TBA	State Horse Judging Contest
	14-25	Citizenship Washington Focus Trip, Washington DC
	22	Deadline 4-H Fashion Revue entries due
	26-29	Campference, RSR
July	29	Deadline for pre-entry county fair horse
	2	Deadline for pre-entry county fair rabbits
	7	Livestock set-up workday at fair grounds, 8:00 a.m. - noon
	10	District Horse Show
	11	Style Revue Judging, Creative Tables, Pet Show, & FCS judging contests
	14	4-H Fair Dog Show
	15	Fair Set Up for building, 3:30 – 5:00 p.m.
	18	Sedgwick County Horse Show, Sedgwick County Fair Grounds, Cheney
August	18-21	Sedgwick County Fair, Sedgwick County Fair Grounds, Cheney
	1	Deadline to pre-enter ALL non-livestock entries for the State Fair
	24	Farms, Forks & 4-H, Sedgwick County Extension Center, open to general public
	31	Last day to pick up fair premiums at the Extension Office



Jodi L. Besthorn

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4-H Youth Development



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