

Medicines for Camp

Our camp group takes very seriously our responsibility to provide a safe environment for your child while they are at camp. One of the ways we do this is by requiring information about the medicines (prescription and over the counter) that they take during camp.



For the last several years, we have had issues with incorrect medicine entered online, prescription bottle not matching what was entered, campers saying that it's the wrong medicine, etc. Since our nurses do not know your child or their medical history is it CRITICAL that they be provided correct information.

Our camp policy is "Nurses will give meds as listed on prescription bottle. No changes will be made unless accompanied by written permission from the parents or with a physician order. All "injectable" medicines will be monitored or administered by the nurse."

Here are some FAQs about camp medicine:



Why does it have to be in the original prescription bottle?

The prescription was prescribed by a doctor who knows your child and why they need the medicine. The original bottle has their name and the dosage, so the nurses can give it as the doctor wants it.

What if what's written on the bottle is different than what we do at home?

Then you must get a new prescription from the doctor or a physician order that says it is OK to do it differently than the bottle says. Our nurse's license does not give them the authority to make medication changes.

Why can't I put all the pills in one bottle? The kids know which ones to take when.

The nurses can't tell the type of pill by color or size. Manufacturers often change this and it varies by dosage, etc. Campers are excited at camp and go full blast all day long.... They may remember at home, but not at camp. Again, we want your child to get their meds as they should be given and the only way to do that is to have each kind of pill in its own, labeled container.

I don't want to send the whole bottle of medicine with them. It's a new prescription.

And we don't want/need the whole bottle. Explain to your pharmacy that the kids are going to camp. Most pharmacies will give you a new bottle and a new short term label so you can send the exact amount needed for camp. And there is usually no charge for this.

What if the medicine has to be refrigerated?

No problem. The nurses have a refrigerator for that purpose.



What if my child needs ibuprofen or Benadryl or calamine or other over the counter medicine? Should I send some just in case?

No. We have all those in stock for camp, including liquids if they can't swallow pills. Extra bottles just take up space and create confusion.

There is a box to check in the medical section of camp registration that says "I give the nurse permission to give standard over the counter medication while at camp." Then a yes/no box. If you check yes... they will give them to your child as they see fit. If you check no.... then they will call you to see if you want them to treat your child.

What about inhalers and EPI pins?

Campers should carry these with them at all times. If they are at archery and it's in the cabin... it's not going to do them any good. Just list it on the medication form so that they nurses will know they have it with them.

What about vitamins?

Vitamins are considered over the counter medicines and need to be checked in with the nurse. Please consider leaving them at home. In most cases, campers can go for 4 days without them. Sending them to camp means that your child will have to wait in line 10-15 minutes for "morning meds" instead of being out with the group enjoying camp.

What about food allergies??

Please enter that information online when you register so that the kitchen can plan accordingly. The dining hall does not serve peanuts/peanut butter, but other foods in the kitchen may contain those products. They can very easily accommodate a vegetarian, gluten free, diabetic, or dairy free diet. If you have a very specific list of allergens such as dyes, all forms of a certain food, etc. be very specific on the registration form. The dining hall will call you a day or two before camp to check the meal plans.

Nursing Staff

We will have 2 school RN's at camp this year and a CNA