

Sedgwick County

4-H Grows Here



K-STATE
Research and Extension

Sedgwick County

4-H Youth Development

7001 W. 21st St. N.

Wichita, KS. 67205

(316) 660-0115

FAX: (316) 722-1432

www.sedgwick.ksu.edu

Jodi Besthorn

4-H Agent

(316) 660-0111

besthorn@ksu.edu

Beth Drescher

4-H Agent

(316) 660-0112

drescher@ksu.edu

Barbara Wingfield

Office Professional

(316) 660-0115

bwingfie@ksu.edu

Janet Donaghue

4-H Program Assistant

(316) 660-0128

jdonaghue@ksu.edu

Cathy Jones

4-H Program Assistant

(316) 660-0113

cpjones@ksu.edu

*"K-State Research and Extension
is an equal opportunity provider
and employer"*

In This Newsletter.....

- ✿ Discovery Days and Discovery Days Orientation Meeting Info
- ✿ Camp and Camp Counselor Information
- ✿ National 4-H Conference
- ✿ Fair
- ✿ Teen Council News

Discovery Days



May 30 – June 2, 2017

K-State Campus

Cost: \$230

Ages: 13-18 (as of Jan.1, 2017)

Register online at: www.kansas4-H.org

Registration opens March 1. Deadline is April 20, 2017.

This is a mini-college experience on the K-State campus. More than 600 youth attend annually. Members select classes to learn more about an area of interest. Special speakers and social activities are included. The sooner you register the more likely you will get your choice of classes. Bring a copy of your registration to the Extension Office to pay your fees as soon as you register. We do not get a copy of your registration.

PLEASE NOTE: \$25 cancellation fee applies if you cancel before registration is closed. You will be required to pay the full fee if you don't show or cancel after April 20.

Only list one roommate. Your roommate must also list you, in order for a match to be made.

Print a copy of your registration, add payment and mail to the office.

You can register more than one person with the same family email.

Transportation: 4-H members are responsible for their own transportation to Discovery Days. A limited number of seats are available on the county van. Sign up for rides will begin April 1 by calling the 4-H department.

Discovery Days Orientation Meeting

Tuesday, May 23, 2017

7:00 p.m., Meadowlark Room

All 4-H'ers participating in Discovery Days should attend the orientation session to get your class schedules, room assignments and other additional information. Parents are encouraged to attend also. Even if you have been to Discovery Days before, you should attend the orientation for Sedgwick County details.



Camp Theme: “Stars & Stripes”

Check in will be Saturday, June 10, at approximately 2:00 p.m. and checkout will be on Tuesday after lunch, around 2:00 p.m.

All campers are responsible for their own transportation. Many clubs car pool so you don't have to make two trips, so check with others in your club.

All registration will be done online again this year, starting March 1.

Register here: <https://tinyurl.com/ozsome>

Full-Time 4-H Camp

June 10-13, 2017

Rock Springs 4-H Center, South of Junction City, Kansas

Must be completing 3rd – 7th grade this May, 2017

Cost: \$213 (less any scholarships you receive)

Scholarships: All campers can apply for a \$30 scholarship when you register online. You will be asked to submit a paragraph on why you want to go to camp. You will then get a “coupon code” to use at checkout, so you will get \$30 off.

Additional financial assistance is available for up to 100% of camp thru 4-H Cares. Go to our website at: www.sedgwick.ksu.edu.

Campers may select 1 or 2 friends that they would like to room with. They must be within 1 year of each other...We cannot house 4th graders with a 7th grader, etc.

Camp offers a variety of fun and learning activities in the natural setting. Everyone will get to canoe, horseback ride, swim, archers, teambuilding games and more. Campers are housed in groups of 8 with 2 teens as co-counselors. You will go to all the activities with this group, so no need to worry about getting lost! Camp serves meals family style and each group will have their own table. Plus, everyone get a turn at KP duty – setting the table and cleaning up!

ACTIVITIES: The camp has lots of activities for all campers. For the older campers, you will get to do many new things including 3D archery, new horse trails, etc.

NOTE: The Kansas 4-H Foundation is again subsidizing the cost of camp by underwriting \$20 discount to all campers. This has already been calculated in the fee for camp. As costs continue to increase, you can expect camp to be about \$225 next year.



Due to demand, there will be two sessions offered again this year. Please invite your friends to come to camp with you, so that we can have enough campers for both sessions.

Session 1 is designed so that the campers can come up with others from their club, and then parents will pick them up.

Session 2 is designed so that parents will take them up on Monday morning, and then they can be picked up with others from your club.

Both sessions will have the same classes and activities.

Campers may attend only one session.

For those just completing 1st or 2nd grade this May.

Session 1 (June 10-11) Arrive with the regular campers, leave on Sunday, after supper.

Session 2 (June 12-13) Arrive 8:30 – 9:30 a.m. and leave with the other campers on Tuesday.

Scholarships: All members can apply for a \$30 scholarship when you register online. You will be asked to submit a paragraph on why you want to go to camp. You will then get a “coupon code” to use at checkout, so you will get \$30 off. Invite a non-4-H friend to camp too.

Rookie Camp is a camp within a camp. There are special activities planned just for this age group, plus they get to do camp activities like swimming, archery, etc. It's a great way to get a taste of camp and not be gone for 4 days.



CAMP COUNSELORS

Applications are due April 18. The form is on our website: www.sedgwick.ksu.edu.

Training will begin on Friday, June 10 at 4:00 p.m. at Rock Springs.

*Everyone must interview with Jodi, regardless of your experience. Interview dates are April 17-18, 5:00 to 8:00 p.m. at the Extension office. A sign-up genius will be used to schedule times.

*Everyone must complete the Child Abuse screening form again this year. It is included in your counselor application. Simply return it with your application.

There will be two sessions of Rookie Camp (see previous information). So we will plan on having Rookie Counselors be at camp the whole time (Yea!!). You will have open time for rest between the two camps. So if you like working with the younger age groups, this is for you! If, because of other scheduling, you can only do one session, you can mark that on your application for consideration.

As usual, we will take a chartered bus to and from camp for the counselors only. Plans are to leave Wichita around noon on Friday, June 9.

Adult Helpers Needed.....4 Days at Rock Springs!!

3 great meals a day!


350 4-H members!

We really need 2-3 adults to **EXPERIENCE 4-H CAMP!** In order to maintain the appropriate male/female ratio of chaperones, we need some help!

What's the job? Help with a variety of camp activities – from assisting with classes, helping with flag ceremony, or helping in the dining hall. Most importantly, being in the cabin areas to help as needed and other areas where assistance may be needed. There will be an orientation before camp for you. You will go to and leave camp the same time as your kids.

For all adults (moms and dads) attending camp, half of your registration fee will be paid in return for your help during camp. Applications are on our website at: <http://www.sedgwick.k-state.edu/4-h-youth/news-and-activities/county-camp.html>.

All adults must be VIP registered. Check with Jodi if interested.



Parent's About Camp

Camp is a special opportunity for kids to learn new skills, try new activities, make friends and be a part of a “camp family” group. We look forward to having your child participate in camp this year. To help you and your camper prepare for this adventure is a list of frequently asked questions about camp.

Who will my child be staying with?

Eight campers and two counselors will be assigned to a living group. This will be their home for the 4 days of camp. The campers are all from different counties and are all within one year of age of each other. We don't house 7 and 10 year olds or 10 and 12 year olds together because of the wide span of interests between their ages. One of the goals of camp is to help campers meet new friends. The living groups are one way of doing this.

Who are the counselors?

We use teams of 2 older 4-H members. They must be at least 14 years old to be a co-counselor. Usually we will pair a first time counselor with an experienced counselor. Counselors must complete the same VIP training as adult volunteers. In addition, they arrive in camp a day early to go thru an additional training session dealing specifically with camp.

My camper has never been to camp and doesn't know where anything is.

Campers and counselors are to stay together at all times, so they will go to horseback riding together, to meals together, to the swimming pool, etc. And all of the activities are designed for a team of campers and their counselor. A copy of the map of camp will be given to each camper when they check in.

Should I send snacks?

We don't encourage it. Rock Springs prepares 3 well balanced meals a day. And if kids have too much snack food, they fill up on sugary items instead of more healthful choices. The snack bar is available every afternoon and every evening for the “munchies”. Snack food also encourages mice, bugs and other critters into the cabin. If you do send a snack, consider something that can be shared by all the campers in the cabin.

My camper is a little nervous about being away from home. What should I do?

Prepare yourself and the camper for that new experience. Help him or her to understand that those feelings are normal. Your positive attitude will also help as you talk about their feelings. Talk about the feelings of excitement, making new friends and exploring new places. Do not dwell on how much he/she will be missed. When seeing a child off, or leaving him at camp, be positive about his going and having a fun time. Tell them you love them and that you will look forward to hearing all the stories about the fun things he/she did at camp. Encourage them to participate in all the camp activities. The more involved they are the less home sick they will tend to be.

How much money should I send?

Activities with fees are very minimal. Most spending occurs on snacks and souvenirs. Campers will get a price list to give you an idea of the cost of items. Talk with your camper and plan what their daily budget should be. \$12-25 should be very adequate. Campers are responsible for keeping track of their money, and it sometimes gets lost, dropped, or misplaced.

What about cameras?

Disposable cameras are great. Be sure to write the campers name on it so that if it is lost, it can be returned.

Should I label clothing and other items?

It's usually a good idea for towels, sleeping bags, pillows, fanny packs, jackets or any important item of clothing. Lost and found items are announced at each meal time and there is a lost and found table in the dining hall where campers can claim items.

What if my child gets sick?

We have 2 nurses on duty 24 hours a day at camp. The nurse will administer any treatment and can take care of cuts, scrapes, sprains, chiggers, sunburn, etc. As per your directions on the health form, the nurse can also give ibuprofen and other over the counter medications. If there is need for additional treatment, the agents will call you and we will take the camper to the Junction City Hospital Emergency Room. Should this be needed, we will stay with them at all times and keep you informed of the situation.

What do I do with my child's medicine?

All medicine should be checked in at the nurse's station. All medicines should be in the original container, with the medicine name and dosage label. Put it in a zip lock bag with a note inside with the child's name and county. If you'd like, you may also add additional information for the nurse. The nurse will log this into the book and then will make sure that medication is dispensed as required. We do not want counselors or campers to have this responsibility to remember to take medication on a regular basis. Any leftover medication will be returned to the camper the last day of camp.

What about inhalers and EPI pins?

Campers should carry these at all times at camp so that they are available when they are needed. They should not be checked in with the nurse or left in the cabin.

Sometimes when my child is in a new situation or really tired they wet the bed. How is that handled?

This isn't unusual and it's a subject that we cover in counselors training. It will be handled in a low-key way, without any fuss or attention.

I heard that campers do KP. What's that all about?

Camp meals are served family style. Each living group has an assigned table that they will use all during camp. In order to make camp meal time work, living groups take turns setting and clearing the tables. The kitchen staff gives all the directions and other adults at camp help out too. Each group only has to do KP one time during camp. It is worked into their individual schedules so that they do not miss any planned camp activities.

What do campers do about storms?

There are assigned storm shelters in all locations throughout camp. The Rock Springs Staff is in constant contact with officials about weather situations. In the event of severe weather, Rock Springs Staff members go to each cabin/living group and move them to shelter. Storm sirens are also used. During the day, staff members at each venue practice storm safety procedures and would move the group to a safe location as needed. In addition, counselors each know their assigned shelter.

What are the safety precautions taken at camp?

For horseback riding, all campers wear RSR helmets and closed toed shoes (sneakers are OK – flip flops are not). At the rifle range, protective eye wear is provided by the camp and required to be worn. All campers wear RSR life jackets when canoeing. And any camper who wants to go in the deep end of the pool, must demonstrate to the life guard that they can swim the width of the pool. Those that qualify will be given wrist bands which show that they can go off the diving board in the deep end. All other campers will be required to stay in the shallow 4' part of the pool.

Are there other adults at camp?

Yes. Extension 4-H agents attend camp. 3-6 other 4-H parents attend and assist with camp events. The adults are assigned sleeping quarters in each of the living areas and will assist campers and counselors as needed. If you would like to be a parent helper at this year's camp, please contact Jodi (316) 660-0111.

REMINDER.....!

Camp will be a "Technology Free" Zone!

Campers and Counselors will need to leave cell phones at home. We want you to experience all the great camp activities and not keeping batteries charged. We appreciate your cooperation.

Campference

June 27-30, 2017

Cost: \$275

Ages: 12-14 (as of Jan. 1, 2017)

Register online at: www.kansas4h.org Early March

Deadline May 1.



It's a camp, it's a conference----**it's CAMPFERENCE!!**

This is especially designed for those that are too old for camp and not old enough for Discovery Days.

It's a combination of camp activities – horse, canoeing, swimming, etc., a conference where you learn new things, leadership skills and more. This event is planned and facilitated by the Kansas 4-H Youth Council members.

Six \$50 scholarships are available on first come, first served basis. To qualify you must:

1. Register online
2. Bring the printout of your registration form and payment fees to the Extension Office
3. Write a half page on why you want to attend

You will receive your scholarship after you attend Campference.

Members are responsible for their own transportation to and from camp.



National 4-H Congress

Atlanta, Georgia

Nov. 24-28, 2017

Age: 16-19 as of Jan. 1, 2017

Cost: \$1400

(Sedgwick County Advisory Council will pay \$1000 towards this trip)

Process: Application and Interview

Apply online [here](#).

Applications due: April 15

Interviews: Late April

This is a once in a lifetime trip. More than 1200 4-H members from all across the United States attend. There are opportunities for learning new skills, hear great motivational speakers, and have an opportunity for service.

If you would like first-hand information, contact Kate Donaghue or Keatynn Bull, our 2016 delegates.



Sedgwick County Fair

July 5-8, 2017

Cheney, KS



Fair Clean Up/ Set UP

Sunday, July 2

3:30 p.m. – 5:00 p.m.



All members, families and superintendents are encouraged to come help set up tables, displays, fences, and gates, pick up trash, clean shelves, barns and more as we get ready for the Sedgwick County Fair.

We need muscles for heavy items and smaller hands for smaller items.

Pizza and pop will be provided for all workers courtesy of the Sedgwick County 4-H Advisory Council.



Fair Take Down and Put Away

Saturday, July 8

Building Area – 8:00 p.m. 9:00 p.m.

Livestock Area – after the sale



COMING SOON

4-H Livestock Newsletter

Watch For It!

Teen Council News

We had 51 teens/adults attend the Formal Dinner on Saturday, March 4. Teens from 11 different clubs from around the county enjoyed a Travel themed evening of dinner, dancing, and etiquette. Everyone seemed to have a great time. Hope you'll join us next year!!



Reminder: Sedgwick County Park Clean Up Day on Sunday, April 2 from 3:00-4:30 p.m. We'll meet on the south side of the Extension building, pass out trash sacks and go over to the park to clean up. We'll enjoy a cold treat after we're done. No need to RSVP, just meet us there.



Our next Teen Council meeting will be at **DartWarz**. 6803 Taft Street, Wichita, KS 67209 , on **Thursday, April 27 from 6:45-7:45 p.m.**

Cost will be \$5/person and there is a waiver that will need to be signed before you can jump. Find it at <https://www.smartwaiver.com/w/526ef3863a8a2/web/>

This event is open to all 4H teens (13 and up) in Sedgwick County. You may bring your own blaster or use one provided. Hope you will join us this year!!

Upcoming: A backstage tour of Music Theater of Wichita is being planned for early June. Watch for details in the next few months!



County-wide Project Meeting Schedule

Entomology Project Meeting

3rd Thursday

The next meeting will be April 20, 7:00 p.m., in the Meadowlark Room. Future dates: May 18, June 15.

Geology Project Meeting

2nd Thursday

The next meeting will be April 13, 7:00 p.m., in the Meadowlark Room. Future dates: May 11, June 8.

Hare Raisers Project Meeting

2nd Thursday

The next meeting will be April 13, 7:00 p.m., in the Bison Room. Future dates: May 11, June 8.

Horse Project Meeting

1st Tuesday

The next meeting will be April 4, 7:00 p.m., in the Bison Room. Future dates: May 2, June 6 (Sedgwick Room),

Rocketry Project Meeting

Sunday

The next meeting will be March 19, 2:00-3:30 p.m., in the Bison Room.

Dog Project Meeting

3rd Monday

The next meeting will be March 20, 7:00 p.m., in the Bison Room. Future dates: April 17, May 15.

Dog Obedience Training

1st Monday

The next meeting will be March 27, 7:00 p.m., in 4-H Hall A & B. Future dates: April 3, April 13, April 20, April 27.

Dog Agility Training

Sunday

The next meeting will be April 23, 2:00 p.m., in 4-H Hall A & B. Future dates: May 7, May 28, June 25.

Warm-Up Dog Show

Saturday

April 29

For more information contact Karen Riedmiller, county coordinator.

4-H Newsletter – April 2017

| | | |
|------------------|------------|---|
| April | 4 | Horse Project Meeting, 7:00 p.m., Bison Room |
| | 11-16 | National 4-H Conference (Washington, D.C.) |
| | 13 | Hare Raisers Project Meeting, 7:00 p.m., Bison Room |
| | 15 | Deadline National 4-H Congress (Atlanta, GA) applications due to County Office |
| | 17-18 | Camp Counselor Interviews, 5:00 p.m. – 8:00 p.m., call for appointment time |
| | 18 | Deadline Camp Counselor Applications Due to County Office |
| | 20 | Deadline Discovery Days Registration Due to State Office |
| | TBA | State 4-H BB, Air Rifle, and Air Pistol Match |
| May | 1 | Deadline County Camp Registration due |
| | 1 | Deadline for Horse I.D. papers to Extension Office |
| | 1 | Deadline for DNA and nominations forms for market steers for State Fair and the Kansas Junior Livestock Show |
| | 1 | Deadline All market sheep and swine should be owned by this date. |
| | 1 | Deadline County Fair livestock pre-entry due for all large animals |
| | 2 | Horse Project Meeting, 7:00 p.m., Bison Room |
| | 11 | Hare Raisers Project Meeting, 7:00 p.m., Bison Room |
| | 15 | Deadline for pre-entry for county fair swine and meat goats |
| | 30 -June 2 | Discovery Days at K-state |
| June | 1 | Deadline for pre-entry for county fair for – dairy, dairy goat, beef, sheep, poultry |
| | 8 | Hare Raisers Project Meeting, 7:00 p.m., Bison Room |
| | 9 | Camp Counselors go to camp – REVISED DATE |
| | 10-13 | County 4-H Camp at Rock Springs Ranch – REVISED DATE |
| | 27-30 | Campference – Rock Springs Ranch |
| | TBA | State Geology Field Trips |
| | TBA | State Horse Judging Contest |
| | 15-26 | Citizenship Washington Focus Trip, Washington DC |
| | 23 | Deadline for county fair 4-H horse show entries |
| | 24 | Livestock workday at fair grounds (tentative) |
| July | 28 | Style Revue Judging, Hand Pet Judging, Table Setting Contest, FCS Judging Contest and Evening Show |
| | 1 | Deadline for pre-entry for county fair for rabbits |
| | 2 | Fair Set-up (tentative) |
| | TBA | District Horse Show |
| | 13 | Hare Raisers Project Meeting, 7:00 p.m., Bison Room |
| | 5-8 | Sedgwick County Fair, Cheney |
| August | 8 | Fair Clean-up |
| | TBA | State Dairy Show – Salina |
| | 8 | Hare Raisers Project Meeting, 7:00 p.m., Bison Room |
| | 26-27 | State Livestock Judging Contest (Tentative) |
| | 26 | State Horticulture Judging Contest (Tentative) |
| September | 31 | KAP's and all award forms due to Extension Office |
| | 8-17 | Kansas State Fair, Hutchinson |
| | 14 | Hare Raisers Project Meeting, 7:00 p.m., Bison Room |
| October | 6-8 | Kansas Junior Livestock Show |
| | 12 | Hare Raisers Project Meeting, 7:00 p.m., Bison Room |



Jodi L. Besthorn

Jodi Besthorn
Sedgwick County Extension Agent
4-H Youth Development



Beth Drescher

V. Elizabeth Drescher
County Extension Agent
4-H Youth Development



K-State Research & Extension
Sedgwick County
Extension Education Center
7001 W 21st St. North
Wichita, KS 67205-1759
316.660.0115
Fax: 316.722.1432
www.sedgwick.ksu.edu

K-State County Extension Councils, Extension districts, and U.S. Department of Agriculture Cooperating, K-State Research and Extension is an equal opportunity provider and employer.

"K-State Research and Extension, Sedgwick County, is committed to making its services, activities, and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, please contact Jodi Besthorn or Beth Drescher at 316.660.0100."

*Knowledge
for Life*

